

God's Word on Healing: 7-Week Curriculum

This 7-week class focuses on deepening our understanding of God's Word as it relates to healing, peace, and perseverance through sickness and suffering. Each session will provide scriptural insight, practical application, and a supportive community for those facing health challenges, as well as those supporting loved ones through difficult times.

Class Objectives:

- Honor God in all we do.
 - Begin and end each class in prayer, addressing personal prayer requests.
 - Share personal testimonies and experiences of healing (e.g., Glen's "Everything to Stand" testimony).
 - Study specific Scriptures related to healing and faith.
 - Memorize recommended Scripture verses to build spiritual resilience.
 - Guide participants to experience God's peace through the storm.
 - Provide practical tools for facing health challenges.
 - Create a space for open dialogue and prayer support.
 - Offer resources for continued study and encouragement.
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Week 1: Welcome, Introduction & Assessment of Participants

- **Focus:** God's Word as the foundation for healing and peace.
- **Introduction:**
 - Ice-breaker: Share your current health journey or challenges.
 - What do you hope to gain from this class?
- **Scripture Study:** John 16:33 – "In this world, you will have trouble, but take heart! I have overcome the world."
- **Discussion:**
 - Why do we face health challenges? Exploring the reality of suffering in a broken world.
 - Emphasizing God's promise of peace and His sovereignty.
- **Class Goals:**
 - Establish a community of prayer and support.
 - Begin to see God's Word as the ultimate source of peace and hope.
- **Testimony Segment:** Share Glen's story of how God provided peace and direction through a life-threatening diagnosis.

Week 2: God's Peace in the Storm - Are You Asking "Why"?

- **Focus:** Finding peace even when facing the "Why" questions.
- **Scripture Study:** Philippians 4:6-7 – "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus."
- **Discussion:**
 - How do we respond to suffering and illness? Is it okay to ask "Why"?
 - How can we experience peace in the middle of physical and emotional pain?
- **Testimony Segment:** Glen shares about moments of confusion and doubt and how God answered his questions with peace.
- **Prayer Time:** Pray over those struggling with unanswered questions and doubts.

Week 3: Hearing from God - What Are You Asking For?

- **Focus:** Understanding how to hear from God and trust His will in the healing process.
- **Scripture Study:** 1 Thessalonians 5:16-18 – “Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”
- **Discussion:**
 - What does it mean to “hear from God” during illness?
 - How can we differentiate between our own desires and God’s will?
 - Is healing always God’s will? How do we trust God even when healing doesn't come in the way we expect?
- **Testimony Segment:** Glen shares his experience of praying for healing and how God spoke to him during the process.
- **Application:** Practice listening for God’s voice through Scripture and prayer.

Week 4: God's Will Be Done - Is Healing for Everyone?

- **Focus:** Understanding God's sovereignty over sickness and healing.
- **Scripture Study:** Matthew 6:10 – “Your kingdom come, your will be done, on earth as it is in heaven.”
- **Discussion:**
 - Does God always heal? How do we reconcile suffering with God's love and power?
 - What does it mean for God's will to be done in our lives, especially in times of illness?
 - The role of faith and trust in God's perfect plan, even when the outcome is uncertain.
- **Testimony Segment:** Glen shares about the miraculous healing he experienced and the unanswered prayers that deepened his faith.
- **Prayer Time:** Pray for understanding of God's will and peace in whatever outcome arises.

Week 5: New Perspectives - Apply God's Word, Be "Salt & Light"

- **Focus:** Applying God's Word to our circumstances and being a witness to others through our health challenges.
- **Scripture Study:** Romans 12:2 – "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect."
- **Discussion:**
 - How can we shift our perspective on illness and suffering to see opportunities to grow spiritually?
 - What does it mean to be "Salt and Light" to others during our health struggles?
- **Testimony Segment:** Glen discusses the transformation of his mind and heart through suffering, and how God used his journey to encourage others.
- **Application:** Identify one way you can be a source of light to others in your health journey.

Week 6: Don't Waste Your Suffering - God Has a Plan for You

- **Focus:** Using suffering to glorify God and help others, knowing that God has a purpose for each experience.
- **Scripture Study:** Romans 8:18 – “I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.”
- **Discussion:**
 - How can we use suffering to bring glory to God?
 - What can we learn from our challenges that can help others going through similar trials?
 - The importance of empathy and sharing God's comfort with others.
- **Testimony Segment:** Glen shares how his suffering led to new opportunities for ministry and helping others in their pain.
- **Prayer Time:** Pray for renewed purpose in suffering and the strength to help others.

Week 7: Sharing, Review & Prayer

- **Focus:** Review of the key lessons, sharing personal testimonies, and group prayer.
- **Discussion:**
 - How have your perspectives changed over the course of this study?
 - What has God taught you about healing, peace, and perseverance?
 - How can we continue to support each other in prayer and fellowship?
- **Testimony Segment:** Participants are invited to share how God has worked in their lives during this class.
- **Prayer Time:** Group prayer for healing, peace, and continued growth in faith.

Resources:

- **Books for Participants:**

- *Clinging to Hope* by Chuck Swindoll
- *It Is Well with My Soul* by Shelly Beach
- *Deep Dependence* by Bill Crowder
- *Don't Waste Your Cancer* by John MacArthur

- **Articles:**

- Various articles on healing and suffering from *Our Daily Bread*.

- **Bible Verses on Healing:**

- Proverbs 4:20-23, 2 Timothy 3:16-17, Ephesians 6:12, John 14:26, Psalm 91:1-6, Romans 8:28, and more (handouts provided).

God's Word on Healing - Bible Verses

God's Word In Your Heart

- Proverbs 4:20-23 "My son, pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one's whole body. Above all else, guard your heart, for everything you do flows from it."
- 2 Timothy 3:16-17 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."

Tools To Stand Tall

- Ephesians 6:12 "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."
- John 14:26 "But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you."

He Is With You

- Psalm 91:1-6 "Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.' Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday."
- Nahum 1:17 "The Lord is good, a refuge in times of trouble. He cares for those who trust in him."

God's Will Be Done

- Matthew 6:10 "Your kingdom come, your will be done, on earth as it is in heaven."
- 1 Thessalonians 5:18 "Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

Learn The Lessons Well

- Psalm 119:71 "It was good for me to be afflicted so that I might learn your decrees."
- Psalm 32:8 "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."

His Grace Is Needed

- 2 Corinthians 12:7-9 “Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.”
- John 16:33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

Suffering Drawing Him Closer

- James 1:12 “Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.”
- Isaiah 43:2 “When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.”

Draw Near To Him

- Philippians 4:5 “Let your gentleness be evident to all. The Lord is near.”
- James 4:7-8 “Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.”

Peace In The Storm

- Philippians 4:6-7 “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”
- John 14:27 “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”

Gifts In Suffering

- James 1:17 “Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.”
- 2 Corinthians 1:6 “If we are afflicted, it is for your comfort and salvation; and if we are comforted, it is for your comfort.” That was the first thing I wanted us to see. Suffering is our calling, our gift from God. It is not a curse. It is a gift. Christ has brought you to fullness in Him.”
- Colossians 2:9-10 “For in Christ all the fullness of the Deity lives in bodily form, and in Christ you have been brought to fullness. He is the head over every power and authority.”

Believe In The Truth

- James 1:7-8 “But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. That person should not expect to receive anything from the Lord. Such a person is double-minded and unstable in all they do.”
- Romans 8:28 “And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.”

For His Glory

- John 9:2-3 “His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” “Neither this man nor his parents sinned,” said Jesus, “but this happened so that the works of God might be displayed in him.”
- Romans 8:18 “I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.”
- Romans 5:3-4 “Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.”

Be Consistent

- Romans 12:12 “Be joyful in hope, patient in affliction, faithful in prayer.”
- Psalm 119:1-3 “Blessed are those whose ways are blameless, who walk according to the law of the Lord. Blessed are those who keep his statutes and seek him with all their heart— they do no wrong but follow his ways.”

Fight The Good Fight

- 2 Timothy 4:7 “I have fought the good fight, I have finished the race, I have kept the faith.”
- Hebrews 10:36 “For you have need of endurance, so that when you have done the will of God you may receive what is promised.”

Christian Fellowship-Support

- James 5:13-14 “Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord.”
- Galatians 6:2 “Carry each other’s burdens, and in this way you will fulfill the law of Christ.”

Stay On His Course

- 1 Peter 4:19 “So then, those who suffer according to God’s will should commit themselves to their faithful Creator and continue to do good.”

- 3 Corinthians 1:3-4 "Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God."

God's Promise Of Eternity

- 1 John 2:17 "The world and its desires pass away, but whoever does the will of God lives forever."

Conclusion:

By the end of this 7-week study, participants will have gained a deeper understanding of God's Word on healing, peace, and the purpose of suffering. They will be equipped with practical tools to persevere through challenges, find comfort in God's promises, and be a source of hope and light to others.